

ONLINE TRAFFICK SOLUTIONS FOR TEENS

Privacy is key: Never share personal details like your full name, address, phone number or school with people you do not know in real life

Be very selective with 'friends': Only accept friend requests from people you know & trust in person

NEVER agree to meet up with an online acquaintance. Tell your parents or a trusted adult about the request

Strong passwords: Create strong passwords & never share them with anyone except your parents

Check privacy settings: Understand & adjust privacy settings on social media platforms to control who can see your information

Think before you post: Consider what you share online - Once something is posted, it can be extremely difficult to remove & what you post today will affect your future (www.takeitdown.ncmec.org)

Report suspicious activity: If someone asks you to do something that makes you uncomfortable, or you see cyberbullying, tell a trusted adult immediately

Talk to your parents: if you have any questions or concerns about online safety, always talk to your parents

Contact us at:
info@refugeoflight.org
903.279.8769

TRAFFICK FACTS

*There are an estimated 500,000 predators online each day

*According to the FBI, over 50% of the victims of online sexual exploitation are between the ages of 12 and 15 years old

*An estimated 89% of sexual advances occur in internet chat rooms or through instant messaging

*In over $\frac{1}{4}$ of all reported exploitation incidents, the online predator will ask a child for sexually explicit photos of themselves

*While using social media, 40% of children will remove privacy settings in order to attract more friends and followers

*Predators are continually looking for better ways to identify their victim's vulnerabilities to create trust with them online. This is what we call GROOMING

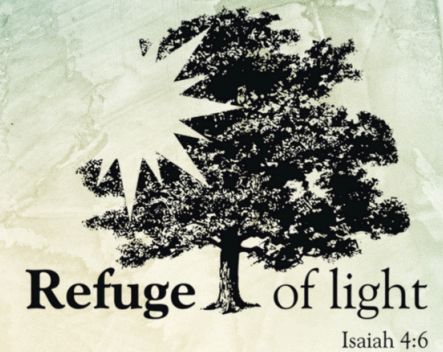
*Victimization ranges from cyber bullying, sexting, sexual exploitation, child sexual abuse material and human trafficking

*Sexting is a term that refers to the sending and receiving of sexually explicit photos, messages and video via text message, email or other forms of electronic communication.

This material can exist online indefinitely and may even affect your education or job prospects in the future, It is important to remember that sexting may be illegal even if you are underage!

www.refugeoflight.org

Presented by:



TRAFFICK SOLUTIONS

FOR
PARENTS/TEENS



Tools for the fight against online
PREDATORS

ONLINE TRAFFICK SOLUTIONS - FOR PARENTS

Set clear rules: Consider a contract with your child to establish guidelines for online behavior, including time limits, appropriate content, & responsible online conduct.

Only use devices in common areas: This means no devices in bedrooms or bathrooms. Kids are less likely to post or share inappropriate content in public areas of the house.

Monitor online activity: Keep an eye on the websites they visit, apps they use, & who they are interacting with online. According to a study by NetNanny, 82% of children are exposed to inappropriate online material by the age of 11 years.

Open communication: Have regular conversations with your child about online safety, explaining the risks & encouraging them to come to you with any concerns.

Be a good role model: Demonstrate positive online behavior yourself, such as being mindful of what you share & respecting the privacy of others.

Educate about cyberbullying: Discuss what cyberbullying is, how to handle it, & the importance of reporting such behavior.

Cyberbullying is the process of using the internet, cell phones or other devices to send or post text or images intended to hurt or embarrass another person. In some cases cyberbullying can lead to criminal charges against those carrying out the bullying.

Implement parental controls: Utilize built-in parental controls on devices & internet services to filter inappropriate content & limit access to certain websites.

Set up a charging station in your home that allows you to charge all devices in one place: the kitchen counter or your nightstand. Parents need to set a reminder each night to grab all devices or instruct kids to do so at an allotted time.

***Consider using an app to help monitor their phones or tablets.** Several good ones are:

- 1) Bark
- 2) Screentime through Apple
- 3) Google Family Link-for Android users

Privacy settings review: Regularly check and adjust privacy settings on your child's social media accounts and other online platforms to control what information they share.

Strong passwords: Ensure your child uses strong, unique passwords for all online accounts. Know your child's passwords.

Teach about online strangers: Emphasize the importance of not sharing personal information with people they don't know in real life, & never meeting up with online acquaintances without your supervision.

NCMEC CYBER TIP LINE:
1.800.843.5678 (1.800.THE.LOST)



NATIONAL CENTER FOR
**MISSING &
EXPLOITED
CHILDREN**

www.missingkids.org

Report suspicious activity: Teach your child to report any concerning online interactions or content to you or a trusted adult.

STEPS TO TAKE WHEN AN ONLINE PREDATOR CONTACTS YOUR CHILD:

1) **Document everything:** Screenshot the evidence of the conversation between your child & the predator. Make sure that you capture the username and time stamps of the conversation & what was said. Do not report the predator's account to the social media or other platform just yet.

2) **Contact the National Center for Missing and Exploited Children (NCMEC)'s Cyber Tip Line & submit a report with your evidence.** Report child sexual exploitation online at CyberTipline.org.

They will review your tip and work with law enforcement. They will know what to do & what needs to happen to make sure everyone stays safe.

3) **Once you are in contact with law enforcement via NCMEC, follow their guidelines on how & when to report to social media or other online platforms.**

TERMINOLOGY TO KNOW:

CSEY: Commercial Sexual Exploitation of Youth

CSAM: Child Sexual Abuse Material

OSEC: Online Sexual Exploitation of Children